HRH OLORI
ATUWATSE III
QUEEN CONSORT OF THE WARRI KINGDOM
LEADING WITH GRACE

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EDITOR’S LETTER

The Internet Never Forgets.

While I found the analysis on the IT Girl (see page 18) quite interesting, my key takeaway from the article was the reminder that with the internet, we could create our narratives and present our desired image to a global audience. Key word - desired.

It took me back to a conversation I had last week with an older friend who isn’t so sure about having a presence on social media. I remember saying to him, “If you do not tell your story, someone else will tell it for you.”

After reading that article, this statement resonates even more profoundly as it gives an insight into how the internet continues to shape how we are perceived by others and, even more importantly, why being active participants in shaping our online presence matters.

Gone are the days when societal norms and standards dictated how we should present ourselves to the world. Like it or not, the internet has liberated us from these constraints, empowering individuals to showcase their uniqueness and share their stories on their terms. However, this freedom to create our narratives comes with a cautionary reminder; we are all architects of our digital selves. Every post, comment, or photo shared online can significantly impact our real-life experiences, as what we say or do today may resonate for years to come. We are living in an era where our past actions are permanently recorded, and, even more importantly, why being active participants in shaping our online presence matters.

As you log into the digital space this week, remember the implications this power of self-presentation wields.

The digital version of ourselves, crafted through our online activities, can significantly impact our real-life experiences. It can potentially serve us as either a robust asset or a formidable liability in the future. I am sure you have all heard of scenarios where prospective employers conduct online background checks. They scour social media profiles, review past interactions, and gauge overall online behaviour to gain insights into our character and personality. The internet has become a massive reference book of our actions, and what we say or do today may resonate for years to come.

At this point, it’s also important to mention that authenticity is the heart of crafting our digital narratives. While we can present ourselves in a particular light, veering too far from our true selves can lead to discrepancies that may breed distrust. As you log into the digital space this week, remember to go about it with purpose and mindfulness, embracing the remarkable potential of the internet while also cherishing the authenticity of our true selves.

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WHEN SOLUMTO AND UCHE GOT MARRIED.

Recently, the families and friends of the Akabueze and Kachikwu families gathered to celebrate the union of their children Solumto and Uche. The event, which started with the traditional wedding at the Harbour Point Marquee, Vi, Lagos and Exchange of Vows at the RCCG The Kings Court, culminated with a beautiful reception at the Landmark Event Centre.
Recently, former Lagos State Commissioner for Information & Strategy / Tourism Arts & Culture and current Anchor & Analyst with AriseNews TV, Mr Steve Ayorinde, formally unveiled his latest book titled ‘30: Three Decades Of The New Nigerian Cinema - A Bystander’s Verdict’. The event was held at Mike Adenuga Centre (Alliance Francaise) in Ikoyi, Lagos.

Steve Ayorinde’s book opens a window into the ever-evolving world of Nigerian cinema, painting a vivid picture of its past, present, and the exciting possibilities of its future. The event had in attendance a few media and government personalities.

To mark the official launch of Prince’s Trust International in Nigeria, Coronation Group and the Aig-Imoukhuede Foundation recently hosted a formal dinner with esteemed guests, including The British High Commissioner to Nigeria, Richard Montgomery, and The Governor of Lagos State, Babajide Sanwo-Olu.

The special evening brought together like-minded leaders from the public and private sectors, supporting the mission of the global charity to help young people transform their lives by developing the confidence and skills to live, learn and earn.

Founded by His Majesty King Charles III in 2015, Prince’s Trust International has transformed over one million young lives globally, combating youth unemployment through education, employment, and enterprise programmes.

Launch of Prince’s Trust International in Nigeria.
YOU DON’T HAVE TO BE A FASHION INFLUENCER TO DRESS LIKE ONE

Have you ever found yourself scrolling through Instagram, mesmerised by the impeccable style of fashion influencers? Their perfectly curated outfits, accessories, and confident poses can make anyone want to join the trend-setting squad. But here’s a secret: you don’t need a million followers or a designer wardrobe to dress like a fashion influencer. With a little creativity and some insider tips, you can unleash your inner fashionista and turn heads wherever you go.

1. Define Your Signature Style
   Fashion influencers are known for their unique sense of style that sets them apart. Take some time to explore different fashion trends, favourite denim brands, and identify the elements that resonate most with you. Whether you’re into boho chic, edgy streetwear, or classic elegance, embracing your signature style will give you the confidence to rock any outfit.

2. Accessories, Accessories, Accessories!
   Accessories can transform a basic outfit into a showstopper. Fashion influencers are masters at utilizing accessories to elevate their looks. Experiment with statement jewellery, trendy sunglasses, scarves, belts, and hats to add that extra oomph to your ensemble. Remember: it’s all about the details!

3. Mix High and Low-End Pieces
   Fashion influencers are experts at mixing high-end designer pieces with affordable fashion finds. Don’t shy away from hitting the thrift stores or scouting online sales for unique and budget-friendly items. Pair your favourite vintage shirt with designer jeans, or style a trendy fast-fashion dress with a luxury handbag. Mixing high- and low-end pieces adds depth and personality to your outfit without breaking the bank.

4. Proper Fit and Tailoring
   Fashion influencers celebrate their ability to create unexpected and unique outfit combinations. Mix and match different pieces from your wardrobe. Pair a feminine skirt with a graphic tee, style sneakers with a formal suit, or layer a jumpsuit over a turtleneck. Push your boundaries and let your creativity guide your fashion choices.

5. Quality over Quantity
   Invest in timeless, high-quality wardrobe staples. Fashion influencers know that having a few versatile and well-made pieces is more valuable than a closet full of fast-fashion items. Invest in a quality blazer, a classic handbag, a well-tailored coat, and comfortable, durable shoes. These timeless pieces will be the foundation of your influencer-worthy wardrobe.

6. Avoid Sun Exposure
   Protecting your skin from the sun’s harmful UV rays is crucial both before and after the peel. Sunburned skin is more prone to complications and can hinder the desired results of the peel. Make sure to wear sunscreen with a high SPF and seek shade whenever possible.

7. Manage Expectations
   It’s crucial to have realistic expectations about the results and potential side effects of the peel. While skin peels offer remarkable benefits, they may take multiple sessions to achieve your desired outcome, and some temporary redness, flaking, or mild discomfort is common after the treatment.

Understanding Skin Peels
Skin peels, also known as chemical peels, involve the application of a chemical solution to the skin’s surface, which exfoliates and encourages the regeneration of new, healthier skin cells. The intensity of the peel varies depending on the specific concerns being addressed, ranging from superficial peels that target the outermost layer of skin to deeper peels that penetrate into the deeper layers.

Types of Skin Peels
- Superficial Peels - These peels primarily target the epidermis, the outermost layer of the skin. They are suitable for treating minor skin issues such as uneven skin tone, light pigmentation, and mild acne scars.
- Medium Peels - Medium-depth peels penetrate the epidermis and reach the upper layers of the dermis. They effectively treat moderate skin concerns such as mild pigmentation, fine lines, and deeper acne scars.
- Deep Peels - Deep skin peels are the most aggressive option. They are recommended for addressing significant pigmentation issues, severe acne scars, and deep wrinkles. Deep peels often require more downtime and may involve higher risks and potential side effects.

Preparing for Your First Skin Peel
Consultation with a Dermatologist
Your dermatologist will recommend a skincare routine leading up to the peel, which may include the use of specific cleansers, moisturisers, and sunscreens. This pre-treatment regimen helps prepare your skin and enhances the effectiveness of the peel while minimising potential side effects.

THE ORDINARY
PUMPKIN ENZYM PEEL

Pre-Peel Skincare
Discontinue certain products, such as retinoids, exfoliants, or prescription medications, for a specific period before the peel. These products can increase skin sensitivity and may interfere with the peel process.

Consultation with a Dermatologist
Your dermatologist will recommend a skincare routine leading up to the peel, which may include the use of specific cleansers, moisturisers, and sunscreens. This pre-treatment regimen helps prepare your skin and enhances the effectiveness of the peel while minimising potential side effects.

Preventive measures during the peel treatment

Post-Peel Care
Resume your usual skincare routine after the peel, including the use of sunscreen, moisturisers, and specific products recommended by your dermatologist. Follow-up appointments

In the quest for radiant and youthful skin, many individuals turn to various skincare treatments, and one popular option that has gained significant attention in recent years is skin peels. These transformative procedures can help address a wide range of skin concerns, from dullness and hyperpigmentation to acne scars and fine lines. If you’re considering your first skin peel, it’s essential to understand the process and prepare adequately for optimal results. Keep reading as we explore everything you need to know about skin peels and guide you through the steps to ensure a successful treatment.
WE STAND AS ONE

Happy Independence Day.

In line with this commemoration, the Federal Government has declared Monday, October 3, 2022, as a public holiday.

Enjoy the holiday and stay safe.

Today is a day to remember the many moments we built connections that are greater than our differences. Today we celebrate standing as one.

Goals for Education

Access UK Polo Day Makes a Big Impact

Access Holdings Plc, in partnership with Fifth Chukker, Guards Polo Club (UK), and UNICEF, successfully hosted the 2023 Access UK Polo Day in Surrey, United Kingdom.

The goal of this charity polo tournament was to raise funds for constructing 100 classroom blocks in Kaduna State, Nigeria. Through this initiative, we have made significant strides in supporting the UNICEF education intervention project, positively impacting the lives of over 12,000 children.

#PoloForEducation

We remain committed to contributing to the achievement of Sustainable Development Goal (SDG4) by providing quality education for Nigerian children and impacting lives positively.

#PoloForEducation

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As the daughter of the late billionaire philanthropist, Capt Hosa Okubonor, Olori Atuwatse III, the Queen Consort of the Warri Kingdom, grew up amidst privilege, but her parents instilled in her a deep sense of compassion and a burning desire to give back to the community. This calling to serve others would later become the cornerstone of her reign as Queen. Assuming the throne brought forth a plethora of responsibilities, ones that she has embraced wholeheartedly. Beyond being a symbol of elegance, Olori Atuwatse III is a champion for social causes, touching the lives of the less privileged in ways that only a compassionate soul can. From educational initiatives to healthcare projects, her tireless efforts make a lasting impact, aligning perfectly with her late father’s philanthropic legacy. But being a Queen in a traditional kingdom like Warri is more than just charitable endeavors. It entails preserving and promoting centuries-old customs and beliefs, and that’s where Olori Atuwatse III’s unique strength shines through. She is a perfect blend of modernity and tradition, seamlessly marrying the two worlds. While she respects the customs of her forefathers, her unshakeable faith in God plays a vital role in shaping her decisions and actions.

Interview - Konye Chelsea Nwabogor
Photography - Big H Studio

Many people have different expectations of what it means to be a Queen. Is it everything you hoped it would be, or are there surprises and challenges that come with the position? What have the past two years been like for you?

The past two years have been a journey of self-discovery, growth, and service. One of the most rewarding aspects of being a Queen Consort is the opportunity to serve and positively impact the lives of the people within the Kingdom. Engaging with the communities, listening to their needs, and working towards addressing them has been a privilege. Witnessing the positive changes and improvements in the lives of the people I serve brings me immense joy.

However, the weight of expectations from various stakeholders can be daunting at times. Striking a balance between traditional customs and evolving societal dynamics requires careful navigation and diplomacy. I have had to adapt to the demands of my role, continuously educate myself, and seek guidance from experienced individuals within the Kingdom. Despite these challenges, the opportunity to contribute to the advancement and well-being of the Warri Kingdom has made it a truly rewarding experience. I am committed to working alongside my husband and King, His Royal Majesty, Olu Atuwatse III CFR, the Olu of Warri, and the community to create a brighter future for all.

Before ascending to the throne, what was your life like? How did your experiences and background shape your approach to your current role?

My life thus far has been shaped by a wide range of experiences that have greatly influenced my approach to my current role as Queen Consort and my empathy for the people I am fortunate to lead. I come from a family of high achievers who are avid believers in quality education, hard work & commitment. Though born with a silver spoon, our parents never failed to remind us of how hard they worked in life, teaching us to be grateful for the opportunities we had. My siblings and I were raised in discipline and nurtured to understand responsibility from a young age.

Growing up, we would go on visits with our parents, meet people from diverse backgrounds, and learn to respect cultures, races, and institutions, which made us appreciate the broader society and how to interact with others irrespective of social status.

I can tell you that all my experiences – the good, bad & ugly - have instilled in me the importance of continuous learning, adaptability, and embracing new ideas in navigating the complexities and challenges that come with being a mother to the Itsekiri people and identifying responsibilities in their aspirations, dreams, and struggles to become.

Did you entertain any apprehensions or fear, knowing that life as you knew it was about to change forever?

Of course Initially, as with any major drastic change, I was afraid. Whilst I suspected that my husband would become King one day, one never really plans for these things. However, this is where my well-grounded faith and belief in God weighed in. I was taught to embrace challenges growing up, so my faith was able to give me a much-renewed perspective on dealing with transitions, embracing transformation, new challenges, and opportunities, and I was encouraged to navigate them with grace and resilience. Rather than succumbing to fear, I chose to focus on the possibilities that lay ahead. I accepted my new role as an opportunity to contribute to the betterment of my community and fulfill my mandate as a servant leader. I have always been devoted to social impact and development, so I quickly saw this as the blessing it is: to use my platform for true and lasting change to touch lives and bring much-needed good to society. Change is an inherent part of life. Rather than being intimidated by it, I saw it as an invitation to evolve and thrive.

I can see you are fully settled in now. Balancing royal responsibilities and family life must be very demanding. How do you attend to your duties while also focusing on building and nurturing your family?

Balancing royal responsibilities and family life is demanding, but I have much help. I try to adhere to a disciplined schedule to manage both aspects effectively. For me, family comes first, and my husband and children are my number one priority, taking preeminence over any other duties I have. I dedicate my time to caring for my family, making meals, running through schoolwork, and putting the kids to bed as often as possible. However, I am aware that there is no easy way to do everything all at once or by myself. Thankfully, I have a strong support system made up of a dedicated team who ensure that my official duties are carried out efficiently, allowing me to allocate much-needed quality time for my family. Ultimately, finding balance requires continuous effort and adaptability.

You hold a significant role as the Queen Consort of the Warri Kingdom. How would you describe your responsibilities and the impact they have on your daily life? Why is the role of a mother who has thousands of children so important?

One of my primary responsibilities is to care for my family, making meals, running through schoolwork, and putting the kids to bed as often as possible. However, I am aware that there is no easy way to do everything all at once or by myself. Thankfully, I have a strong support system made up of a dedicated team who ensure that my official duties are carried out efficiently, allowing me to allocate much-needed quality time for my family. Ultimately, finding balance requires continuous effort and adaptability.

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and championing social initiatives that bring progress and development to our people under the aegis of the parent organisation, which His Royal Majesty established, known as the Royal Iwere Foundation (RIF). These projects advocate and provide quality education and engaging mind-transforming and empowerment programmes that steadily impact our Kingdom. While the demands are significant, I find purpose and fulfillment in serving our people as I support the King by contributing to the growth and prosperity of the Warri Kingdom.

Your interest in social enterprise, education, and capacity building for women and children is commendable. Please tell us more about your initiatives in these areas and the impact you hope to achieve.

Thank you for your kind words. I am deeply passionate about social enterprise, education, and capacity building for women and children. In line with these interests, I have initiated several impactful programmes and initiatives within the Warri Kingdom under the Royal Iwere Foundation (RIF). The RIF is the chief project of the Palace that seeks to transform the socio-economic conditions of indigenes through formal and informal education, mentorship programmes, healthcare, funding, and training for empowering and future entrepreneurs.

In education, I have established the first STEM centre in the Delta state that educates hundreds of children within the Kingdom and its environs. Across the communities, we have the Love Garden and Edu-playground project that teaches children how to grow and nurture some of the delicious foods they enjoy with their own hands in a fun and educative manner. To improve the quality of teachers within and outside the Kingdom, I currently partner with CloverMinds Foundation and other institutions in holding the Teachers Training Programme (TTP) periodically.

I recently launched StoryTime with Mama Iwe, a reading club where I read stories to the children in our community and teach them values and soft skills such as communication, curiosity, and emotional intelligence. The aim is to encourage early literacy skills, freedom of expression, and critical thinking in young children and form a good moral foundation early on.

My passion for women’s empowerment led to the creation of the Royal Iwere Foundation Skills Institute (RIFS), which aims to accelerate human capital development, empowering women and youth cohorts with useful funding in communities and providing scholarships for indigent children.

I have championed financial empowerment drives in collaboration with financial institutions, such as Point of Sale (POS) training and distribution of POS machines. We also have the Warri Women’s Enterprise Fund programme designed to assist young business owners with funding for their enterprises.

Wuwu Ore is our medical outreach that caters to the healthcare needs of communities within the Kingdom with qualitative medical services, with a particular focus on children, maternal care, and the overall well-being of the most vulnerable in our Kingdom.

Honestly, it’s a long list, but some of these initiatives are featured on my website and various platforms. I remain grateful to my husband for his immense support and the valued partnership of our local and international stakeholders.

The goal is to impact lives and steadily transform the Warri Kingdom into a 21st-century destination via education, empowerment, and mind transformation. It is a tall task, but I am grateful to God that we are progressing well.

How do you envision the role of women evolving within the traditional structures of the Warri Kingdom?

Women are integral to the growth and development of the Warri Kingdom and Nigeria at large. Here at home, women have continued to increase in volume and leadership positions since the time immemorial. I am deeply proud of the efforts of His Royal Majesty in driving more inclusively for women in the Kingdom, as I am convinced that as a nation looking to expand our economic horizon, it is crucial to prioritise women’s education and empowerment. By providing access to quality education and skills training, we can equip women with the tools they need to succeed and contribute meaningfully to the growth and development of Nigeria.

Community engagement and involvement are essential for effective leadership. How do you connect with the people of the Warri Kingdom and ensure their voices are heard and valued?

I value the opinions and contributions of my partners. It’s a building phase, so I am extremely grateful to God for the support we have received. I am committed to supporting His Royal Majesty and his teams by engaging with our people and ensuring that their voices are heard.

Looking ahead, what are your aspirations for the Warri Kingdom, both in the immediate and long term?

Fostering sustainable development and improving the well-being of our people through various initiatives under the RIF and our partners. It’s a building phase, so I am committed to supporting His Royal Majesty in laying the foundation for the growth and development we envision in the coming years. I am presently working on improving the people's access to quality education and human capital development, ensuring every child, woman, and man has equal opportunities for growth and prosperity.

In the long run, it’s about establishing a legacy of peace, progress, and oneness. I am eager to witness the Warri Kingdom as a thriving 21st-century hub of innovation, entrepreneurship, and sustainable development where the youth thrive, and gender equality is realized, paving the way for our Kingdom to attain its highest potential as a force to reckon with both locally and internationally.

Though born with a silver spoon, our parents never failed to remind us of how hard they worked in life, teaching us to be grateful for the blessings we had. My siblings and I were raised disciplined and nurtured to understand responsibility from a young age.
RESTAURANTS IN LAGOS WITH THE BEST BREAKFAST MENUS

Looking for a delightful breakfast experience in Lagos? Look no further! Here are five restaurants with the best breakfast menus that will leave you craving more. In a city bustling with culinary delights, these restaurants stand out with their exceptional breakfast offerings. So, whether you’re an art lover or a pancake enthusiast, embark on a delightful breakfast journey through the flavors of Lagos!

By Charles Ojide Eta

ART CAFE
Step into the chic world of ART CAFE, where French-inspired cuisine meets artistic flair. Located in the heart of Victoria Island, this cafe has earned its reputation for serving exquisite European and vegan-friendly dishes. Their English breakfast is an absolute winner, guaranteed to satisfy your morning cravings. With actual artworks for sale, the ambiance is as tasteful as the food, making it the perfect spot to indulge in fine dining and fine art.

ERIC KAYSER LAGOS
Bringing a touch of France to Lagos, ERIC KAYSER is a must-visit for breakfast enthusiasts. With two branches in the city, they boast delectable pastries and an array of breakfast options that will leave your taste buds dancing with joy. The warm and inviting atmosphere, adorned with traditional French décor, sets the stage for a delightful culinary experience, whether dining alone or with friends. The best part? No reservations are needed – walk in and enjoy!

THE ORCHID BISTRO EXPRESS
Tucked away in Ikoyi and Ikeja, THE ORCHID BISTRO offers a charming and cozy dining experience. Passionate about serving top-notch food, their breakfast menu is a true masterpiece. From taste to presentation, every item on the menu is crafted to perfection, leaving customers in awe. Indulge in the wonderful garden setting as you savour each bite, and you’ll understand why this place is known for its exceptional service.

PANCAKE HUB
If you’re a pancake lover, PANCAKE HUB in Yaba is the place to be. With a focus on fluffy and homely pancakes, this no-fuss breakfast spot is perfect for relaxation and productivity, making it the ideal destination for a leisurely weekend brunch. Dine outdoors or choose delivery, the experience is memorable.

Cafe Neo
Proudly Afro-centric, CAFE NEO has a strong presence across Lagos with ten branches. Beyond their premium coffee and beverages, their breakfast/lunch menu is impressive. The inviting atmosphere is perfect for relaxation and productivity, making it a popular choice for work-related meetings. Consistent and world-class service is their hallmark, ensuring that every visit feels like a warm embrace.

THE “IT” GIRL: HOW THE INTERNET HAS REDEFINED SOCIETY’S STANDARDS

In popular culture, the term “IT” girl has long been associated with a mysterious allure, epitomizing beauty, charm, and an undeniable sense of style. For decades, society has sought to define and anoint these iconic figures who captivate the collective imagination. However, with the advent of the internet and the subsequent rise of social media, the “IT” Girl concept has undergone a profound transformation. Once upon a time, becoming an “IT” girl meant winning the approval of fashion editors and society’s elite. These tastemakers held the keys to fame and fortune, selectively anointing chosen few with the coveted title. Their decisions heavily influenced public opinion, dictating who was considered fashionable, glamorous, and worthy of admiration.

Then came the internet, which acted as a catalyst, blurring the lines between celebrities and ordinary individuals. Suddenly, The-Girl-Next-Door could become an overnight sensation with a viral post. The accessibility and interconnectedness of the online world also meant that new “IT girls” could emerge from all corners of the globe, bringing with them a diverse array of styles and perspectives previously overlooked by traditional media. With this, the power to define oneself and capture public attention shifted from the hands of an exclusive few to a broader audience. Any individual with a camera and an internet connection could create their own narrative, projecting their desired image to the masses, as users could now follow, engage with, and share their content on a genuine level. The “IT girl” of the modern era is not only a style icon but also a trailblazer and an inspiration to those who look up to her. With this new definition, it becomes apparent that the IT Girl can be anyone – a fashion-forward student, a social media influencer, an unapologetic nerd, or a fierce entrepreneur. The modern “IT girl” defies categorisation, celebrating individuality and authenticity above all else. One thing is sure: the glory days of organically rising to prominence are long behind us – think Nike Osinowo winning the Most Beautiful Girl in Nigeria Pageant in 1990 and becoming one of society’s most talked about socialites overnight.

For this reason, some will argue that the IT girl no longer exists. Despite this, we believe the IT Girl is too fun a concept for us to leave behind. She still exists; it’s just up to you to determine who that is.
Welcome to the world of Barbiecore fashion, where nostalgic dreams and modern trends collide in a burst of playful, vibrant style. As the much-anticipated Barbie movie looms on the horizon, a new fashion movement has taken the internet by storm, inspiring individuals of all ages to embrace their inner Barbie and channel her iconic aesthetic.

Barbiecore draws its essence from the timeless allure of the beloved doll, celebrating her ever-evolving fashion ethos, setting the stage for a dazzling revival of all things Barbie. Whether you’re a fashion enthusiast or simply seeking a fun and empowering style journey, our guide to tapping into the Barbiecore trend will leave you feeling exude a sense of carefree joy. This trend has quickly become a viral sensation, inspiring individuals of all ages to embrace their inner Barbie and channel her iconic aesthetic.

Embracing the Pink Palette
Barbiecore fashion is all about embracing the power of pink. From soft pastels to vibrant magentas, pink hues dominate the colour palette of this trend. Incorporate pink into your outfits through dresses, skirts, blouses, or even accessories like handbags, scarves, or sunglasses. Experiment with different shades of pink to find the one that complements your skin tone and makes you feel like a real-life Barbie.

Playful Prints and Patterns
Barbie’s world is filled with fun prints and patterns, and Barbiecore fashion lets you channel that whimsical spirit. Opt for feminine prints like polka dots, florals, gingham, or even playful animal prints. Mix and match these patterns to create eye-catching ensembles that showcase your vibrant personality. Go bold with print-on-print combinations for a truly Barbie-inspired look.

Ruffles, Frills, and Flounces
To truly capture the essence of Barbiecore, embrace the magic of ruffles, frills, and flounces. These romantic details add a touch of femininity and charm to any outfit. Look for dresses, blouses, or skirts adorned with cascading ruffles or delicate frills. When it comes to accessorizing, opt for shoes with bows, handbags with floury embellishments, or even hair accessories like bows and ribbons.

Nostalgic Silhouettes
Barbiecore fashion draws inspiration from the nostalgic silhouettes of the past, giving them a modern twist. Look for dresses with fitted bodices and flared skirts reminiscent of the iconic ‘50s and ‘60s fashion. High-waisted skirts or pants paired with cropped tops create a flattering hourglass shape that Barbie herself would approve of. Don’t forget to accentuate your waist with a slim belt to complete the retro-inspired look.

Sparkle and Shine
Barbie loves all things shiny and glamorous, and so should you when embracing Barbiecore fashion. Incorporate metallic accents, sequins, or glitter into your outfits to add a touch of sparkle. Whether it’s a sequined top, a metallic skirt, or even glittery accessories, these eye-catching elements will make you shine like a fashion-forward doll.

Accessory with Confidence
No Barbie-inspired look is complete without the perfect accessories. Choose accessories that complement your outfit and enhance the Barbiecore aesthetic. Pearl necklaces, oversized sunglasses, statement earrings, and retro-inspired handbags are all excellent choices. Remember, the key is to strike a balance between sophistication and playfulness to achieve that Barbiecore charm.
The Perfect Sunday Night Routine to Get You Prepped for the New Week

Plan and Prioritise
Sundays are perfect for planning and organising. Grab a journal or planner and set down your weekly goals and priorities. Break them down into manageable tasks and assign them to specific days. This practice helps you stay organised and provides a clear roadmap for the days ahead.

Engage in Physical Activity
Physical exercise is a crucial component of a well-rounded Sunday routine. Engage in a form of exercise you love, whether going for a run, practicing yoga or taking a long walk. Physical activity boosts endorphin levels, reduces stress, and improves overall well-being, setting a positive tone for the upcoming week.

Unplug and Disconnect
In today’s hyper-connected world, carving out time for digital detoxification is vital. Dedicate a few hours of your Sunday to disconnecting from screens and technology. Engage in activities that nourish your soul, such as reading a book, pursuing a hobby, spending time with loved ones, or simply enjoying quiet solitude. Unplugging allows you to recharge and be fully present in the moment.

Prepare for the Week
As the day progresses, focus on preparing for the week ahead. Take care of any pending household chores, laundry, or grocery shopping. Lay out your outfits for the upcoming week. Take care of any pending household chores, laundry, or grocery shopping. Lay out your outfits for the upcoming week.

Declutter
Declutter and tidy up your living space. It gives you a sense of fulfilment when you do so. Change your sheets, take out what you do not need, and rearrange the things you do need. Keep the trash out of your handbags. Yes, those numerous receipts from months ago, please empty the trash out of your handbags.

Renewed Decluttering
Luxury is often synonymous with simplicity. Clear the clutter and keep your space clean and organized. Invest in stylish storage solutions like decorative baskets or elegant boxes to hide away everyday items. You’ll instantly create a sense of spaciousness and sophistication by creating a clutter-free environment.

Statement Pieces
Introduce a few carefully curated statement pieces to your space. It could be a vintage armchair, an ornate candle holder, or a unique piece of wall art. These finishing touches will become the focal points of your room and add a luxurious touch without overwhelming your budget.

Green Oasis
Bring nature indoors by introducing plants and flowers. Lush greenery adds a fresh and vibrant aesthetic to your space and brings a sense of renewal. Invest in low-maintenance houseplants or create a charming herb garden in your kitchen. The natural elements will instantly elevate the ambiance.

Attention to Details
Finally, pay attention to the smaller details that make a big difference. Upgrade your hardware, such as doorknobs and drawer pulls, to more sophisticated designs. Add a touch of luxury with scented candles, fresh flowers, or elegant table settings. These finishing touches will enhance the overall luxurious atmosphere of your space.
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